



# Dixie State Intramurals



## 4 V 4 Sand Volleyball

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### Eligibility

- To participate in Intramural sports a player must be a current Dixie State student and needs to present an ID card at every event. A player may only play on one team per sport. A player that has not played in the regular season may not be added to the roster for the tournament/playoffs; only players who have previously played on the team can play during the tournament/playoffs. If a team is eliminated the players may not play on a different team. A current DSC collegiate athlete may not play the same sport in Intramurals.

### Sportsmanship

- Participation in DSC Intramurals is a privilege; it is for enjoyment and enhances the college experience. Respect for teammates, opponents, and the Intramural Staff is expected. Acknowledge that the referees are not professionals, but fellow students. Having amateur and inexperienced officials will result in inconsistencies and/or discrepancies in their calls throughout the course of a game or season. Respect for officials is mandatory, and disrespect will not be tolerated.

### Rules

- Teams consist of 4 players.
- A game can be started with 3 players.
- A team will forfeit if they do not show up within 10 minutes of the scheduled game time.
- A match will be the best 2 of 3 games.
- The first two games are played to 25 points, and if necessary, a third game will be played to 15. .
- The winner must have at least a 2 point advantage with a cap at 30 points on games to 25 and a cap at 20 on games to 15.
- Playing the ball over the net with the tip of the fingers is illegal.
- Setting a serve is not allowed. Using the fingertips to redirect a serve is illegal.
- If the ball is intentionally set into the opponent's court, the player must contact the ball above the shoulders and must direct the ball perpendicular to the direction the shoulders are facing.
- When contacting the ball with one hand, it must be cleanly hit with the heel or palm of the hand (a roll shot), with straight, locked fingertips (a cobra), knurled fingers, or the back of the hand from the wrist to the knuckles. One-handed placement or redirection of the ball with the fingers (a dink or open hand tip) is not allowed.
- The ball may touch the net while crossing the net, except during the service. A serve that touches the net is illegal.
- A player may touch the ball with any part of the body.
- All other rules made by the NCAA Volleyball Association will be enforced.

### Additional Coed Rules

- Games are played with two men and two women.
- If there is more than one hit on a side, one of those hits must be made by a woman before the ball is returned to the other side.
- Serving order and position on the court is an alteration of men and women.